

# Workshop 4 Parents

## Friendship Issues

### Bullying & Teasing For Primary School Children

Being left out, dealing with nastiness and trying to make new friends, are all issues that can plague the primary school years. The most vulnerable children can be subjected to bullying and teasing which gradually becomes a recurring pattern of abuse.

#### Does your child experience any of the following?

- Difficulty joining in games
- Lacking confidence in group situations
- Upset by others' comments
- Wants to make more friends but not sure how to
- Moving schools and feeling nervous about doing so
- Is picked on by others
- Lacks assertiveness
- Bullied or treated badly by others
- Not experiencing as much joy in their peer relationships as you would wish

The very good news is that there are some key skills that will help children sort out the difference between bullying and teasing, to develop skills to deal with both - ranging from helpful ignoring and humour to strong assertiveness - is a must for every child.

We invite you to come along and find out how to help your child learn some key skills that will make playground life more enjoyable and easier. Additionally, these are skills that lay down the foundations of a strong and resilient emotional life.

Give your child the benefit of learning these **TOOLS** early so that they can be using - and benefitting from them - for the rest of their lives.

Date: 20<sup>th</sup> April 2016 (Wednesday) Time: 2.00 PM – 4.30 PM

Venue: 119 Leighton Road, Causeway Bay

Speakers: Helen Davidson and Claire Orange

Fee: HKD 600 Includes the Parents' and the Kids' notebooks  
(HKD 500 if registering before 31<sup>st</sup> January 2016)

Application form is available for download on our website.



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